

ONE YEAR LIMITED WARRANTY

(Valid in USA only)

HoMedics, Inc., guarantees this product free from defects in material and workmanship for a period of one year from the date of purchase, except as noted below.

This HoMedics product warranty does not cover damage caused by misuse or abuse; accident; the attachment of any unauthorized accessory; alteration to the product; or any other conditions whatsoever that are beyond the control of HoMedics. This warranty is effective only if the product is purchased and operated in the USA. A product that requires modification or adaptation to enable it to operate in any country other than the country for which it was designed, manufactured, approved and/or authorized, or repair of products damaged by these modifications is not covered under warranty. HoMedics shall not be responsible for any type of incidental, consequential or special damages. All implied warranties, including but not limited to those implied warranties of fitness and merchantability, are limited in the total duration of one year from the original purchase date.

To obtain warranty service on your HoMedics product, either hand deliver or mail the unit and your dated sales receipt (as proof of purchase), postpaid, along with check or money order in the amount of \$5.00 payable to HoMedics, Inc. to cover handling.

Upon receipt, HoMedics will repair or replace, as appropriate, your product and return it to you, postpaid. Warranty is solely through HoMedics Service Center. Service of this product by anyone other than HoMedics Service Center voids warranty.

This warranty provides you with specific legal rights. You may have additional rights which may vary from state to state. Because of individual state regulations, some of the above limitations and exclusions may not apply to you.

For more information regarding our product line in the USA, please visit:
www.homedics.com

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IB-PAR250-B

PARAFFIN BATH

ParaSpa™ Deluxe



**Instruction Manual and
Warranty Information**

PAR-250

1 year
limited warranty

Mail To:
HoMedics
Consumer Relations
Service Center Dept. 168
3000 Pontiac Trail
Commerce Township, MI
48390

e-mail:
cservice@homedics.com

Enjoy warm, soothing relief from muscle tension, and moisturize dry hands and feet.

Thank you for purchasing the HoMedics' ParaSpa Deluxe refreshing home paraffin bath. This, like the entire HoMedics line, is built with high-quality craftsmanship. We hope that you'll find it to be the finest product of its kind.

The ParaSpa Deluxe turns your home into a salon, providing you with the ultimate experience by helping you to relax, relieve tension and soothe sore muscles. Relax. Renew. Simplify.

Paraffin Bath Features

- Paraffin heat therapy seals in heat and contours to the afflicted area for the ultimate moist heat treatment
- ParaSpa Deluxe softens and smooths dry, cracked skin
- Includes 6 lbs. of pure, hypoallergenic Paraffin Wax that does not contain scents or dyes to irritate sensitive skin

IMPORTANT SAFETY INSTRUCTIONS:

When using an electrical appliance, basic precautions should always be followed, including the following:

READ ALL INSTRUCTIONS BEFORE USING

DANGER

- To reduce the risk of electric shock:

- Do not reach for an appliance that has fallen into water. Unplug it immediately.
- Do not place appliance where it can fall or be pulled into a tub or sink. Do not place in or drop into water or other liquid. Store in a cool, dry place.
- Always unplug this appliance from the electrical outlet before cleaning.
- Do not plug or unplug this product when hands are wet.
- Do not use while bathing.

WARNING

- To reduce the risk of burns, fire, electric shock or injury to persons:

- Close supervision is necessary when this appliance is used by, on, or near children, invalids or disabled persons.
- This product should never be used by any individual suffering from any physical ailment that would limit the user's capacity to operate the controls.
- Use this appliance only for its intended use as described in this manual.

This unit is designed for household use only. This unit is not designed for commercial use. This unit is not a professional device.

- Do not use attachments not recommended by HoMedics, specifically any attachment not provided with the unit.
- Do not operate this appliance if it has a damaged cord or plug, if it is not working properly, if it has been dropped or damaged, or dropped into water. Return it to the HoMedics' Service Center for examination and repair.
- Keep cord away from heated surfaces.
- Do not drop or insert any object into any opening unless specifically directed in this manual.
- Do not carry this appliance by the supply cord or use the cord as a handle.
- Do not use outdoors. This appliance is designed for household use only.
- Do not let cord hang over the edge of table or counter.
- Do not place an appliance on or near any hot gas, flames, electric element, or in a heated oven. Do not place on top of any other appliance.
- Do not operate where aerosol spray products are being used or where oxygen is being administered.
- This unit is not intended for children's use.
- Unit must be connected to 110V/120V A/C electrical supply.
- Never use this product while sleeping or drowsy.
- Never use this product while in bed.
- Do not apply the hot wax near eyes or other heat sensitive areas.
- Do not touch hot surfaces.
- Do not allow the level of paraffin wax to fall below the "MIN" line inside of the tub.
- Never use sharp instruments to remove solidified paraffin wax from the unit.
- Use appliance on a sturdy level surface only.
- Always store this product in a cool, dry place.

SAVE THESE INSTRUCTIONS

Caution – Please read all instructions carefully before operating.

SPECIAL WARNINGS:

IF YOU HAVE OR HAVE HAD ANY SKIN CONDITIONS, DISEASES AND OR HEALTH PROBLEMS, YOU SHOULD CONSULT YOUR PHYSICIAN BEFORE USE.

- Use bath only when seated. Do not stand on or in the tub unit.
- Do not apply paraffin wax on open cuts or wounds, warts, inflamed skin, or when the sensation of any extremities is decreased.
- Consult your physician if you have any questions or concerns about acute inflammation and peripheral vascular disease or decreased sensation of any extremity before using.
- Discontinue use and consult a physician if the paraffin wax feels too

hot or if it does not feel warm enough. This may indicate a possible physical problem.

- Discontinue use and consult your physician if dermatitis, discomfort, irritation, or pain occurs from continued paraffin treatments.
- Test the paraffin wax on the inside of your wrist to make sure the temperature is comfortable.
- Do not overfill the unit and always keep the paraffin wax level about 2 inches from the top of the bath.
- Never operate the unit without paraffin wax.
- Do not heat paraffin wax in its plastic packaging, nor heat it over an open flame, on a range, stove or in a microwave.
- Do not pour the melted paraffin wax from the tub/unit.
- Unplug unit before filling with paraffin wax.
- Do not use accessories or wax not recommended or sold by HoMedics.
- If the supply cord is damaged, it must be replaced by HoMedics' Service Center.
- Do not put water into the tub/unit.

Instructions for use:

This unit is a thermostatically controlled unit. The unit can hold a maximum of 6 lbs. of paraffin wax for operation. The melting time is less than 12 hours and it is designed for continuous run at 24 hours per day.

Important Note:

This unit may feel very warm to sensitive skin. However, in order to fully experience the therapeutic benefits of paraffin heat therapy, the wax must be heated to a temperature between 123-131 degrees Fahrenheit. This is the temperature utilized by the leading hospital brand paraffin baths.

For proper application, quickly dip the body area (i.e. hand, elbow or foot) into the melted paraffin wax and remove immediately. This should be repeated 6-10 times. Never soak in the wax for more than 1-2 seconds.

If you are very sensitive to heat or feel that this appliance may not be for you, please return this product to the place of purchase, **prior to use**.

How to set up the ParaSpa Deluxe unit:

1. Remove all contents from packaging and check to make sure you have all of the following components of the ParaSpa Deluxe paraffin bath:
 - Paraffin bath tub
 - Plastic lid
 - Plastic grate

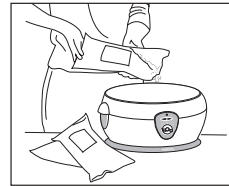


Figure 1

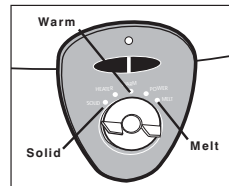


Figure 2

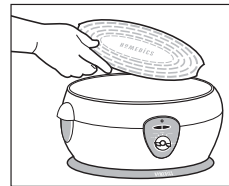


Figure 3



Figure 4



Figure 5

- Six 1 lb. bags of Paraffin Wax
- 60 plastic liners

2. Place unit on a level and sturdy table or surface and remove the lid.
3. Make sure ParaSpa Deluxe tub is empty before putting wax into tub.
4. Open the bags of Paraffin Wax and place wax into the tub. Open only as many bags as you plan to use. The unit is designed to hold a maximum of 6 lbs. of paraffin wax and a minimum of 3.5 lbs. **See Fig. 1** Always keep the level of paraffin wax filled to the "MIN" level marked on the inside of the tub.
5. Plug the unit into a 110V/120V A/C household outlet. The green LED light indicates when the unit is plugged in. The red light will turn on and off as the heating element works.

NOTE: Unit is automatically turned "on" when it is plugged in. If not used in 48 to 72 hours, turn dial down to "SOLID". If not used for weeks at a time unplug unit and store in a cool, dry place.
6. Turn the dial to "MELT" to melt the paraffin wax. **See Fig. 2** The paraffin wax should melt in less than 12 hours, usually in under 4-5 hours. The red LED light indicates that the heater element is operating. Place the lid onto the top of the unit.
7. Turn the dial to "WARM" after paraffin wax is completely melted. Remove the lid and place the grate into the wax and allow it to sink to the bottom of the tub. **See Fig. 3** Place the lid back onto the top of the unit. Wait about 1 hour for the paraffin wax to cool down to an ideal temperature before using. The ParaSpa Deluxe unit is designed to be used at room temperature. If the wax starts to solidify or flakes form on the top surface, turn dial clockwise(right) to increase the temperature.

NOTE: The room temperature can have an effect on the unit's performance. Therefore we always recommend testing the paraffin temperature on the inside of the wrist area before dipping your entire hand, foot or elbow.

NOTE: NEVER dip your hand, foot or elbow into the ParaSpa Deluxe bath while the unit is in "MELT" mode!

NOTE: Place the grate into the unit only when the paraffin wax is melted.

How to use the paraffin treatment:

1. Before immersing your hand, elbow, or foot, test the paraffin wax on the inside of your wrist to make sure the temperature of the wax is comfortable.

NOTE: It is suggested you wash the area to be treated and apply lanolin-based hand lotion over the area before dipping it into the paraffin wax. This will allow the wax to be removed easier and will help moisturize the skin.
2. Dip your hand, elbow, or foot into the melted paraffin wax and remove immediately. Wait a few seconds until the wax solidifies.

PARAFFIN BATH

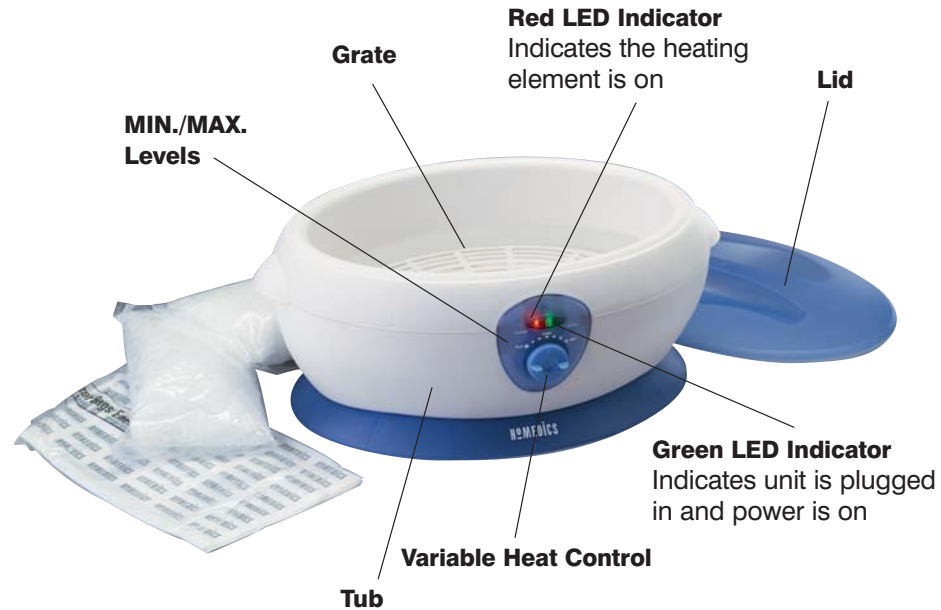
ParaSpaDeluxe™

- Try to avoid moving your hand, foot, or elbow while wax is applied.
NOTE: Dipping process is quick. Do not leave hand, foot or elbow in the tub. Do not soak. Dip quickly in and out.
- Repeat this step several times until several layers have formed, 6-10 coatings are suggested. If paraffin wax temperature is too hot or too cold, adjust the temperature accordingly. Turn the dial clockwise(right) to increase the paraffin wax temperature or counter-clockwise(left) to reduce the paraffin wax temperature.
 - For longer heat treatment, place a plastic liner (provided) over the treated area and twist bag at opening. Keep paraffin wax and liner on treated area for 10-20 minutes for ultimate therapy. **See Fig. 4**
NOTE: When using the paraffin bath with plastic liners on your feet, do not walk around! This may cause you to slip and fall.
 - Peel off the wax from the treated area. If using a plastic liner, peel the plastic lining from the area being treated. Paraffin wax will peel off with liner. **See Fig. 5**
 - Discard used wax.
NOTE: If you are the only person using the ParaSpa Deluxe, the wax can be re-used, simply put it back into the tub to re-melt.

Maintenance:

Periodically, the used portion of paraffin wax should be replaced and the unit should be cleaned.

- Unplug unit and remove grate. Allow paraffin wax to solidify overnight.
- Push on one end of paraffin wax block. This will tip it up. Lift the block out of the unit and dispose of it. **DO NOT USE SHARP OBJECTS TO REMOVE THE PARAFFIN WAX BLOCK, THIS MAY SCRATCH OR DAMAGE THE TUB.** If the paraffin wax does not remove easily, plug unit in and allow to heat for 10-15 minutes then remove the paraffin wax block and unplug the unit.
- Wipe the inside of the unit with a disposable towel to remove residual dirt and paraffin.
- With a damp, soapy cloth, wipe clean. **DO NOT POUR WATER INTO THE UNIT, OR IMMERSE THE UNIT IN WATER.**
- Store in a cool, dry place. When you are ready to re-use the ParaSpa Deluxe paraffin bath for the next heat treatment, repeat steps 2-7, "How to set up the ParaSpa Deluxe unit". Then, follow steps 1-6, "How to use the paraffin treatment".



6-1lb. Bags of Paraffin Wax

